


LUNCHTIME CO.

Week 1

Commencing • 22nd April • 13th May • 10th June
• 1st Jul • 22nd July • 2nd Sep • 23rd Sep • 14th Oct



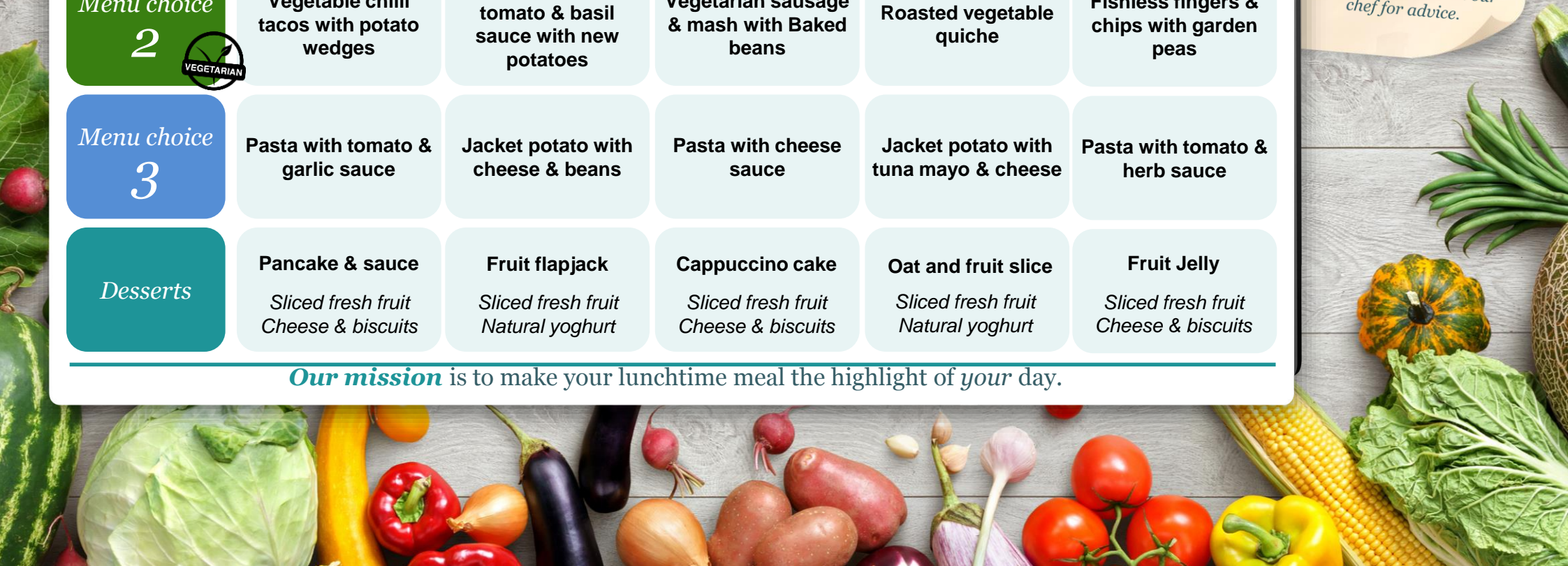
	Monday	Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Garlic bread	Wholemeal bread	Ciabatta	Rosemary wholemeal bread	Focaccia
Menu choice 1	Sausage & mash	Chicken tikka with naan bread and rice	Beef lasagne	Roast turkey with roast potatoes	Fish fingers & chips with garden peas
Menu choice 2 	Vegetable chilli tacos with potato wedges	Quorn balls in tomato & basil sauce with new potatoes	Vegetarian sausage & mash with Baked beans	Roasted vegetable quiche	Fishless fingers & chips with garden peas
Menu choice 3	Pasta with tomato & garlic sauce	Jacket potato with cheese & beans	Pasta with cheese sauce	Jacket potato with tuna mayo & cheese	Pasta with tomato & herb sauce
Desserts	Pancake & sauce Sliced fresh fruit Cheese & biscuits	Fruit flapjack Sliced fresh fruit Natural yoghurt	Cappuccino cake Sliced fresh fruit Cheese & biscuits	Oat and fruit slice Sliced fresh fruit Natural yoghurt	Fruit Jelly Sliced fresh fruit Cheese & biscuits

Our mission is to make your lunchtime meal the highlight of *your* day.

Available **every day:**

- Seasonable vegetables
- Selection of fresh salad
- Grab & Go

Some of our food may contain allergens. Please ask our chef for advice.



LUNCHTIME CO

Week 2

Commencing • 29th April • 20th May • 17th June
• 8th Jul • 22nd July • 9th Sep • 30th Sep



Monday

Tuesday

Wednesday

Thursday

Friday

Freshly
baked bread

Wholemeal bread

Garlic bread

Ciabatta

Poppy seed
wholemeal

Focaccia

Menu choice
1

Chicken in a bun
with potato wedges
& coleslaw

Meatballs in tomato
and basil sauce with
pasta

Spanish chicken
with new potatoes

Roast pork & apple
sauce with roast
potatoes

Battered fish &
chips with garden
peas

Menu choice
2



Macaroni cheese

Bean & vegetable in
a tomato & herb
sauce with rice

Broccoli and red
onion quiche with
new potatoes

Quorn sausage with
roast potatoes

Cheese and tomato
pitta pizza & chips

Menu choice
3

Pasta with
arrabbiata sauce

Jacket potato with
cheese & beans

Pasta with cheese
sauce

Jacket potato with
beans & cheese

Pasta with tomato
and roasted pepper
sauce

Desserts

Lemon drizzle cake

Sliced fresh fruit
Cheese & biscuits

Ice cream

Sliced fresh fruit
Natural yoghurt

Apple pie & custard

Sliced fresh fruit
Cheese & biscuits

Chocolate mousse

Sliced fresh fruit
Natural yoghurt

Carrot cake

Sliced fresh fruit
Cheese & biscuits

Our mission is to make your lunchtime meal the highlight of *your* day.

Available
every day:

- Seasonable vegetables
- Selection of fresh salad
- Grab & Go

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LUNCHTIME CO.

Week 3

Commencing • 6th May • 3rd June • 24th June
• 15th Jul • 16th Sep • 7th Oct

Monday

Tuesday

Wednesday

Thursday

Friday

*Freshly
baked bread*

Garlic bread

Wholemeal bread

Ciabatta

Rosemary
wholemeal bread

Focaccia

*Menu choice
1*

Beef bolognaise

Sticky chicken wrap
with potato wedges

Salmon and potato
loaded jackets

Roast chicken with
roast potatoes and
Yorkshire pudding

Fish and chips with
garden peas

*Menu choice
2*

Cheese & onion roll
with new potatoes

Vegetable burger
with new potatoes

Vegetable lasagne
with salad

Quorn fillet with
roast potatoes

Quorn sausage &
chips with garden
peas



*Menu choice
3*

Pasta with tomato
and basil sauce

Jacket potato with
cheese & beans

Pasta with cheese
sauce

Jacket potato with
tuna mayo & cheese

Pasta with vegetable
ragout sauce

Desserts

Chocolate brownie
*Sliced fresh fruit
Cheese & biscuits*

Strawberry mousse
*Sliced fresh fruit
Natural yoghurt*

Fudge tart and
chocolate sauce
*Sliced fresh fruit
Cheese & biscuits*

Shortbread
*Sliced fresh fruit
Natural yoghurt*

Orange & lemon
muffin
*Sliced fresh fruit
Cheese & biscuits*

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Available
every day:

- Seasonable vegetables
- Selection of fresh salad
- Grab & Go

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