

July 15th 2022

Dear parents and carers,

Red Weather Warning – Extreme Heat

You may already be aware that, for the first time ever, the Met Office has announced a Red weather warning for extreme heat on Monday and Tuesday of next week. This afternoon, the government have declared a national emergency. The Department for Education has remained unchanged in its advice to schools and we are expected to stay open with appropriate adjustments to deal with the conditions.

If you think your child(ren) may be vulnerable to being unable to self-regulate their temperature whilst we have a Red Warning for extreme heat in place, please make a decision on whether to send your child to school. In these cases we will consider their absence as authorised.

We will continue to follow the most recent guidance in our daily adjustments as we have been doing during any hot weather this summer.

Protecting children outdoors

- No vigorous physical activity on very hot days (28+ degrees)
- Ensuring children playing outdoors stay in the shade
- Encouraging loose, light-coloured clothing to help keep cool and sunhats
- Encouraging sunscreen (at least factor 15 with UVA protection)
- Encourage children to drink plenty of water

Protecting children indoors

- Open windows as early as possible in the morning before children arrive
- Almost close windows when the outdoor air becomes warmer than the air indoors
- Close indoor blinds and curtains, but do not let them block window ventilation
- Keep the use of electric lighting to a minimum
- switch off all electrical equipment, including computers, monitors and printers when not in use
- Use spaces which are less likely to overheat, and adjust the layout of teaching spaces to avoid direct sunlight on children
- Encourage children to eat normally and drink plenty of cool water

Yours

Ben Tull
Headteacher