

LUNCHTIME CO.

Week 1

Commencing • 20th April • 11th May • 8th June
• 29th June • 20th July • 14th Sep • 28th Sep • 19th Oct



Monday

Tuesday

Wednesday

Thursday

Friday

Freshly
baked bread

Poppy seed
bloomer

Wholemeal

Garlic bread

Rosemary
wholemeal

Focaccia

Menu choice
1

Meatballs in tomato
& basil sauce
with rice

Sweet chilli chicken
and vegetable rice

Chicken, vegetable
& cheese wrap

Roast pork and
apple sauce with
roasted potatoes
& stuffing

Cod or salmon fish
fingers served with
chips & garden peas
or beans

Menu choice
2



Macaroni cheese

Cheese & tomato
slice

Potato and roasted
vegetable bake

Quorn sausage with
roasted potatoes
& stuffing

Fishless fingers
served with chips &
garden peas or
beans

Menu choice
3

Penne pasta with
roasted pepper
sauce

Jacket potato with
tuna mayo & cheese

Pasta with
cheese sauce

Jacket potato with
cheese and beans

Pasta with tomato
and herb sauce

Desserts

Chocolate brownie
Sliced fresh fruit or
cheese & biscuits

Mixed berry muffin
Sliced fresh fruit or
natural yoghurt

Pancake & sauce
Sliced fresh fruit or
cheese & biscuits

Carrot cake
Sliced fresh fruit or
natural yoghurt

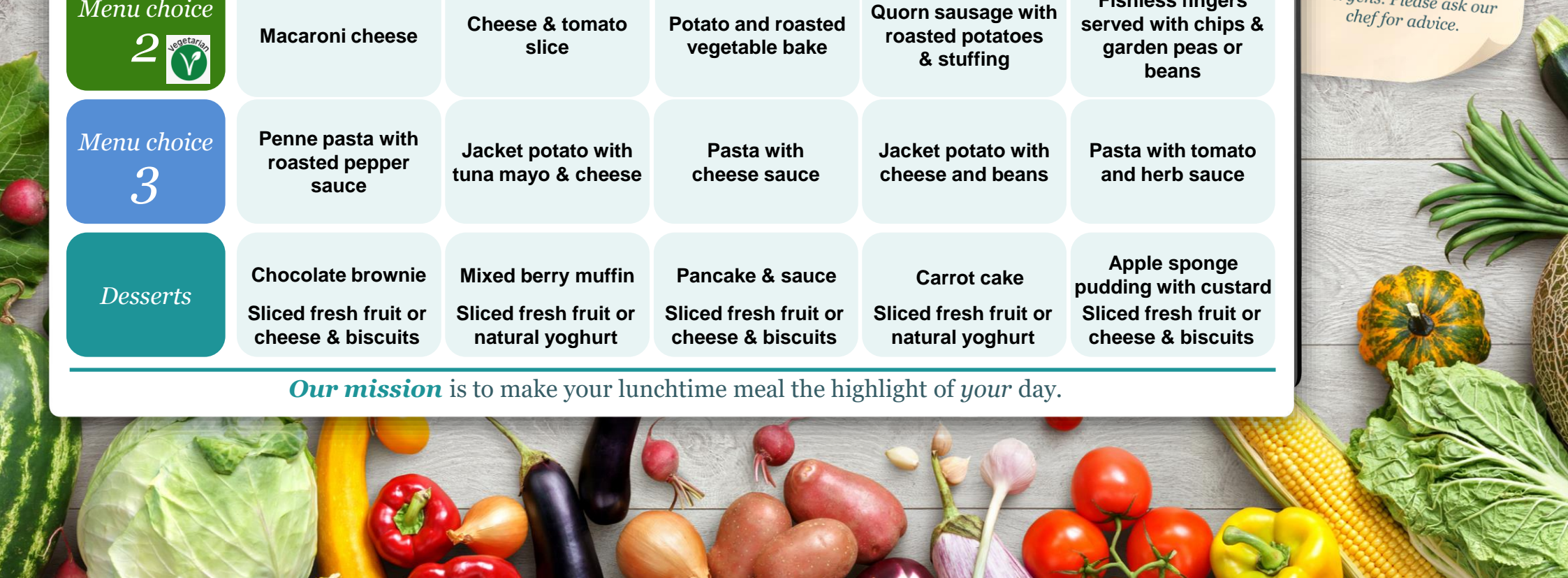
Apple sponge
pudding with custard
Sliced fresh fruit or
cheese & biscuits

Our mission is to make your lunchtime meal the highlight of *your* day.

Available
every day:

- Seasonable vegetables
- Selection of fresh salad
- Grab and go

Some of our food may contain allergens. Please ask our chef for advice.



LUNCHTIME CO

Week 2

Commencing • 27th April • 18th May • 15th June
• 6th July • 31st Aug • 21st Sep • 5th Oct

Monday

Tuesday

Wednesday

Thursday

Friday

*Freshly
baked bread*

Poppy seed
bloomer

Wholemeal

Garlic bread

Rosemary
wholemeal

Focaccia

*Menu choice
1*

Chicken goujon and
salad wrap

Sticky chicken
with rice

Beef bolognese
served with pasta

Roasted beef with
roasted potatoes &
Yorkshire pudding

Battered fish &
chips with garden
peas or beans

*Menu choice
2* 

Vegetable lasagne
with garlic bread

Veggie crunchy
Taco with cheese

Broccoli &
cauliflower bake
with new potatoes

Quorn fillet with
roasted potatoes
& stuffing

Cheese and onion
pasty with chips &
garden peas or
beans

*Menu choice
3*

Pasta with mixed
vegetable & tomato
sauce

Jacket potato with
tuna mayo & cheese

Pasta with
arrabbiata sauce

Jacket potato with
cheese and beans

Spaghetti with
hidden vegetable
sauce

Desserts

Chocolate sponge &
sauce

Shortbread cookie

Lemon drizzle cake

Banana cake

Ice cream & mixed
berry sauce

Sliced fresh fruit or
cheese & biscuits

Sliced fresh fruit or
natural yoghurt

Sliced fresh fruit or
cheese & biscuits

Sliced fresh fruit or
natural yoghurt

Sliced fresh fruit or
cheese & biscuits

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Available
every day:

- Seasonable vegetables
- Selection of fresh salad
- Grab and go

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Monday

Tuesday

Wednesday

Thursday

Friday

Freshly
baked bread

Wholemeal

Poppy seed
bloomer

Garlic bread

Rosemary
wholemeal

Focaccia

Menu choice
1

Chicken and
sweetcorn
pizza

Beef burger with
salad on a
wholemeal bun

Beef lasagne with
garlic bread

Roasted chicken
with roasted
potatoes & stuffing

Breaded haddock
with chips & garden
peas or beans

Menu choice
2 

Cheese & tomato
pizza

Roasted vegetable
stir fry with rice

Vegetable korma
and rice

Quorn sausage with
roasted potatoes
& stuffing

Mediterranean
veggie pitta

Menu choice
3

Pasta with vegetable
ragout sauce

Jacket potato with
tuna mayo & cheese

Pasta with cheese
sauce

Jacket potato with
cheese and beans

Pasta with tomato
and garlic sauce

Desserts

Chocolate cookies

Fruity flapjack

Cheesecake with
fruit compote

Berry mousse

Fruit jelly

Sliced fresh fruit or
cheese & biscuits

Sliced fresh fruit or
natural yoghurt

Sliced fresh fruit or
cheese & biscuits

Sliced fresh fruit or
natural yoghurt

Sliced fresh fruit or
cheese & biscuits

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