

Arbury Primary School - KW58448
09.09.2019 - 13.09.2019

Mon	Breakfast	09:15 - 10:00				10:00 - 10:45				10:45 - 11:30				11:30 - 12:15				12:15 - 13:00	13:00 - 13:45	13:45 - 14:30	14:30 - 15:15	15:15 - 16:00	16:00 - 16:45	16:45 - 17:30	17:30 - 18:15	18:15 - 19:00	19:00 - 19:45	19:45 - 21:00		
3															Arrival - Meet your course director		Lunch		Leap of Faith		Side-By-Side		Dinner		Course Director Activities/Review		Nightline			
4															Arrival - Meet your course director		Lunch		Climbing		Aeroball		Dinner		Course Director Activities/Review		Nightline			
5															Arrival - Meet your course director		Lunch		Laser		Climbing		Dinner		Course Director Activities/Review		Nightline			
6															Arrival - Meet your course director		Lunch		Side-By-Side		Low Ropes		Dinner		Course Director Activities/Review		Nightline			
Tue	Breakfast	09:15 - 10:00				10:00 - 10:45				10:45 - 11:30				11:30 - 12:15				12:15 - 13:00	13:00 - 13:45	13:45 - 14:30	14:30 - 15:15	15:15 - 16:00	16:00 - 16:45	16:45 - 17:30	17:30 - 18:15	18:15 - 19:00	19:00 - 19:45	19:45 - 21:00		
3	Breakfast	Zipwire				Aeroball								Lunch				Course Director Activities/Review				Climbing		Low Ropes		Dinner		Course Director Activities/Review		Mini Olympics
4	Breakfast	Leap of Faith				Low Ropes								Lunch				Course Director Activities/Review				Side-By-Side		Zipwire		Dinner		Course Director Activities/Review		Mini Olympics
5	Breakfast	Low Ropes				Leap of Faith								Lunch				Course Director Activities/Review				Zipwire		Archery		Dinner		Course Director Activities/Review		Mini Olympics
6	Breakfast	Archery				Zipwire								Lunch				Course Director Activities/Review				Leap of Faith		Climbing		Dinner		Course Director Activities/Review		Mini Olympics
Wed	Breakfast	09:15 - 10:00				10:00 - 10:45				10:45 - 11:30				11:30 - 12:15				12:15 - 13:00	13:00 - 13:45	13:45 - 14:30	14:30 - 15:15	15:15 - 16:00	16:00 - 16:45	16:45 - 17:30	17:30 - 18:15	18:15 - 19:00	19:00 - 19:45	19:45 - 21:00		
3	Breakfast	Obstacle Challenge				Laser								Lunch				Course Director Activities/Review				Jacobs Ladder		Archery		Dinner		Course Director Activities/Review		Campfire
4	Breakfast	Laser				Obstacle Challenge								Lunch				Course Director Activities/Review				Archery		Jacobs Ladder		Dinner		Course Director Activities/Review		Campfire
5	Breakfast	Aeroball				Jacobs Ladder								Lunch				Course Director Activities/Review				Obstacle Challenge		Fencing		Dinner		Course Director Activities/Review		Campfire
6	Breakfast	Jacobs Ladder				Aeroball								Lunch				Course Director Activities/Review				Fencing		Obstacle Challenge		Dinner		Course Director Activities/Review		Campfire
Thu	Breakfast	09:15 - 10:00				10:00 - 10:45				10:45 - 11:30				11:30 - 12:15				12:15 - 13:00	13:00 - 13:45	13:45 - 14:30	14:30 - 15:15	15:15 - 16:00	16:00 - 16:45	16:45 - 17:30	17:30 - 18:15	18:15 - 19:00	19:00 - 19:45	19:45 - 21:00		
3	Breakfast	Caving				Bushcraft - Shelter Building								Lunch				Course Director Activities/Review				Beach Adventure				Dinner		Course Director Activities/Review		Disco
4	Breakfast	Bushcraft - Shelter Building				Caving								Lunch				Course Director Activities/Review				Beach Adventure				Dinner		Course Director Activities/Review		Disco
5	Breakfast	Abseiling				Side-By-Side								Lunch				Course Director Activities/Review				Beach Adventure				Dinner		Course Director Activities/Review		Disco
6	Breakfast	Laser				Abseiling								Lunch				Course Director Activities/Review				Beach Adventure				Dinner		Course Director Activities/Review		Disco

Fri	Breakfast	09:15 - 10:00	10:00 - 10:45	10:45 - 11:30	11:30 - 12:15	12:15 - 13:00	13:00 - 13:45	13:45 - 14:30	14:30 - 15:15	15:15 - 16:00	16:00 - 16:45	16:45 - 17:30	17:30 - 18:15	18:15 - 19:00	19:00 - 19:45	19:45 - 21:00
3	Breakfast	Fencing			Abseiling			Departure								
4	Breakfast	Abseiling			Fencing			Departure								
5	Breakfast	Bushcraft - Shelter Building			Caving			Departure								
6	Breakfast	Caving			Bushcraft - Shelter Building			Departure								



Kingswood Group Leader:

Breakfast:

Lunch:

Dinner:

Learning Outcomes:

Please Remember!

Long sleeves and long trousers are required for most activities. Some off-site studies incur an additional charge - please contact the centre for confirmation. The following restrictions apply to all off ground activities. Weight over 120kg (285lbs). Pregnant (unless doctor's advice has been sought). Any type of heart condition or heart-related issues (unless doctor's advice has been sought). Any type of spinal injury or weak spine condition (unless doctor's advice has been sought)

Weather/Extreme Conditions

We reserve the right to offer comparable alternatives to any of the activities contained within your Programme. Session timings may be subject to change.