

### Commencing: 31st Oct, 21st Nov, 12th Dec, 9th Jan, 30th Jan, 27th Feb, 20th March

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main: Meat Option	Homemade Beef Lasagne served with Garlic and Herb Bread and Fresh Salad	Mild Chilli Beef served with Mexican Rice, Tortilla Chips and Sweetcorn	Meat Feast Pizza served with Potato Wedges and Fresh Salad	Roast Chicken with Roast Potatoes, Carrots, Cabbage, Stuffing Ball and Gravy	Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W) (MK) (SO)	(G) (W) (MK)	(G) (W) (E) (SO) (MK)	(G) (W)	(G) (W) (F)
Main: Meat Free Option	Vegetable Lasagne served with Garlic & Herb Bread, and Fresh Salad	Five Bean Chilli served with Mexican Rice, Tortilla Chips and Sweetcorn	Margherita Pizza served with Potato Wedges and Fresh Salad	Quorn Fillet with Roast Potatoes, Carrots, Broccoli, Stuffing Ball and Gravy	Vegetable Nuggets served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W) (MK) (SO)	(G) (W) (MK)	(G) (W) (E) (SO) (MK)	(G) (W) (E)	(G) (W)
Main: Pasta & Jackets	Jacket Potato with Cheese and Beans served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Fresh Bread	Jacket Potato with Cheese and Beans served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce served with Fresh Salad and Fresh Bread	Jacket Potato with Cheese and Beans served with Fresh Salad
	(MK)	(G) (W)	(MK)	(G) (W) (MK)	(MK)
Desserts	Choose One of Our Fabulous Desserts Chocolate Crunch Fruity Jelly Fresh Fruit Pot (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Apple Crumble & Custard Nat. Yogurt & Toppings Fresh Fruit Pot (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Vanilla Ice-Cream Fruity Jelly Fresh Fruit Pot (MK)	Choose One of Our Fabulous Desserts Muffin Nat. Yogurt & Toppings Fresh Fruit Pot (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Lemon Drizzle Cake Fruity Jelly Fresh Fruit Pot (G) (W) (E) (MK)

# Available every day:

A selection of fresh vegetables and tasty salad

Delicious freshly baked bread

Fruit platter and natural yogurt with toppings





### Commencing: 7th Nov, 28th Nov, 19th Dec, 16th Jan, 6th Feb, 6th March, 27th March

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main: Meat Option	Beef Pasta Bolognese served with Garlic and Herb Bread, Peas and Sweetcorn	Chicken Paella served with Homemade Crusty Bread & Fresh Salad	Chic 'n' Mix Sticky BBQ Chicken served with Seasoned Potatoes and Rainbow Slaw	Roast Turkey with Roast Potatoes, Carrots and Broccoli, Yorkshire Pudding and Gravy	Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W) (MK)	(G) (W)	(G)(W)(B)(C)(MK)(S)(E)	(G) (W) (E) (MK)	(G) (W) (F)
Main: Meat Free Option	Vegetable Pasta Bolognese served with Garlic and Herb Bread, Peas and Sweetcorn	Vegetable Paella served with Homemade Crusty Bread & Fresh Salad	Sticky BBQ Quorn served with Seasoned Potatoes and Rainbow Slaw	Quorn Roast with Roast Potatoes, Carrots and Broccoli Yorkshire Pudding and Gravy	Vegetable Nuggets served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W) (B) (E) (MK)	(G) (W)	(G) (W) (E)	(G) (W) (E) (MK)	(G) (W)
Main: Pasta & Jackets	Jacket Potato with Cheese and Beans served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Fresh Bread (G) (W)	Jacket Potato with Cheese and Beans served with Fresh Salad (MK)	Pasta Twists with Cheddar Cheese Sauce served with Fresh Salad and Fresh Bread  (G) (W) (MK)	Jacket Potato with Cheese and Beans served with Fresh Salad (MK)
	(11111)	(a) (n)	(1/111)		(1.22)
Desserts	Choose One of Our Fabulous Desserts Chocolate Shortbread Fruity Jelly Fresh Fruit Pot (G) (W) (MK)	Choose One of Our Fabulous Desserts Pineapple Muffin Nat. Yogurt & Toppings Fresh Fruit Pot (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Cappuccino Cake Fruity Jelly Fresh Fruit Pot (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Cherry Cookie Nat. Yogurt & Toppings Fresh Fruit Pot (G) (W) (MK)	Choose One of Our Fabulous Desserts Iced Sponge Fruity Jelly Fresh Fruit Pot (G) (W) (E) (MK)

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### Commencing: 14th Nov, 5th Dec, 2nd Jan, 23rd Jan, 20th Feb, 13th March

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main: Meat Option	Creamy Chicken Pasta Bake served with Garlic and Herb Bread, Fresh Salad	Ham & Cheese Pizza served with Diced Potatoes and Fresh Salad	Pork Sausage in a Bun with Ketchup, Seasoned Wedges & Salad Bar	Roast Pork Loin with Roast Potatoes, Carrots and Broccoli, Stuffing and Gravy	Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W) (MK) (SO)	(G)(W)(SE)(SO)(MK)	(G) (W) (SE)	(G) (W)	(G) (W) (F)
Main: Meat Free Option	Classic Macaroni Cheese served with Garlic and Herb Bread and Fresh Salad	Margherita Pizza served with Diced Potatoes and Fresh Salad	Quorn Sausage in a Bun with Ketchup Seasoned Wedges & Salad Bar	Quorn Roast with Roast Potatoes, Carrots and Broccoli, Stuffing and Gravy	Vegetable Nuggets served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W) (MK) (SO)	(G)(W)(SE)(SO)(MK)	(G) (W) (E) (MK) (SE)	(G) (W) (E)	(G) (W)
Main: Pasta & Jackets	Jacket Potato with Cheese and Beans served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Fresh Bread	Jacket Potato with Cheese and Beans served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce served with Fresh Salad and Fresh Bread	Jacket Potato with Cheese and Beans served with Fresh Salad
	(MK)	(G) (W)	(MK)	(G) (W) (MK)	(MK)
Desserts	Choose One of Our Fabulous Desserts Oat & Sultana Biscuit Fruity Jelly Fresh Fruit Pot (G) (W) (B) (E) (MK)	Choose One of Our Fabulous Desserts Chocolate Brownie Nat. Yogurt & Toppings Fresh Fruit Pot (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Dutch Apple Sponge Fruity Jelly Fresh Fruit Pot (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Fruity Flapjack Nat. Yogurt & Toppings Fresh Fruit Pot (G) (W) (B) (E) (MK)	Choose One of Our Fabulous Desserts Marble Cake Fruity Jelly Fresh Fruit Pot (G) (W) (E) (MK)

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