

LUNCHTIME CO.

Week 1

Commencing • 28th Oct • 18th Nov • 9th Dec
• 13th Jan • 3rd Feb • 2nd March • 23rd March



Monday

Tuesday

Wednesday

Thursday

Friday

Freshly
baked bread

Garlic bread

Wholemeal bread

Focaccia

Rosemary
wholemeal bread

Garlic & herbed
ciabatta

Menu choice
1

Chicken fillet in a
bun with potato
wedges

Creamy salmon &
vegetable pie

Beef lasagne
with garlic bread

Roast pork & apple
sauce with roast
potatoes

Fish fingers & chips
with garden peas &
tomato ketchup

Menu choice
2

Homemade cheese
& potato pie
with baked beans

Penne pasta tomato
and basil bake

Vegetable hot pot
served with rice

Vegetarian
sausages with roast
potatoes & gravy

Roasted vegetable
& bean pasta bake

Menu choice
3

Pasta with roasted
pepper sauce

Jacket potato with
tuna mayo & cheese

Penne pasta with
tomato and basil
sauce

Pasta with tomato
and garlic sauce

Jacket potato with
cheese and beans

Desserts

Chocolate brownie

Sliced fresh fruit
Cheese & biscuits

Jelly

Sliced fresh fruit
Natural yoghurt

Marble cake
with custard

Sliced fresh fruit
Cheese & biscuits

Fruit cookies

Sliced fresh fruit
Natural yoghurt

Sticky toffee
pudding with custard

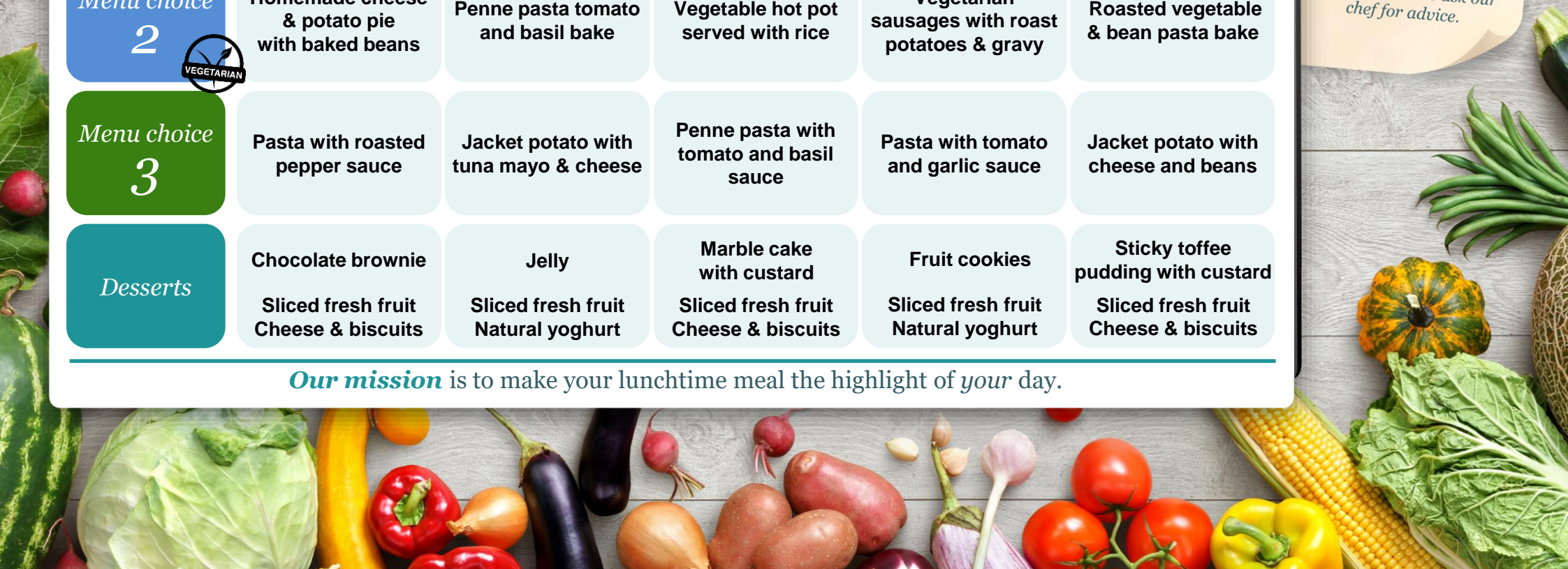
Sliced fresh fruit
Cheese & biscuits

Our mission is to make your lunchtime meal the highlight of *your* day.

Available
every day:

- Seasonable vegetables
- Selection of fresh salad
- Grab and go

Some of our food may contain allergens. Please ask our chef for advice.



LUNCHTIME CO.

Week 2

Commencing • 4th Nov • 25th Nov • 16th Dec
• 20th Jan • 10th Feb • 9th March • 30th March



Monday

Tuesday

Wednesday

Thursday

Friday

Freshly
baked bread

Garlic bread

Wholemeal bread

Focaccia

Rosemary
wholemeal bread

Garlic & herbed
ciabatta

Menu choice
1

Cheese and tomato
pizza

BBQ chicken with
new potatoes

Cottage pie

Roast chicken, roast
potatoes, Yorkshire
pudding & gravy

Battered fish &
chips with tomato
ketchup

Menu choice
2

Cheese cauliflower
& broccoli bake

Vegetable stir fry &
noodles

Chick pea & tomato
ragu with rice

Quorn fillet, roast
potatoes, Yorkshire
pudding & gravy

Quorn & vegetable
bake

Menu choice
3

Pasta with mixed
vegetable & tomato
sauce

Jacket potato with
tuna mayo & cheese

Pasta with
arrabbiata sauce

Jacket potato with
cheese and beans

Spaghetti with
hidden vegetable
sauce

Desserts

Apple crumble &
custard

Cheesecake &
chocolate drizzle

Shortbread biscuits

Fruit flapjack

Chocolate sponge
cake with chocolate
custard

Sliced fresh fruit
Cheese & biscuits

Sliced fresh fruit
Natural yoghurt

Sliced fresh fruit
Cheese & biscuits

Sliced fresh fruit
Natural yoghurt

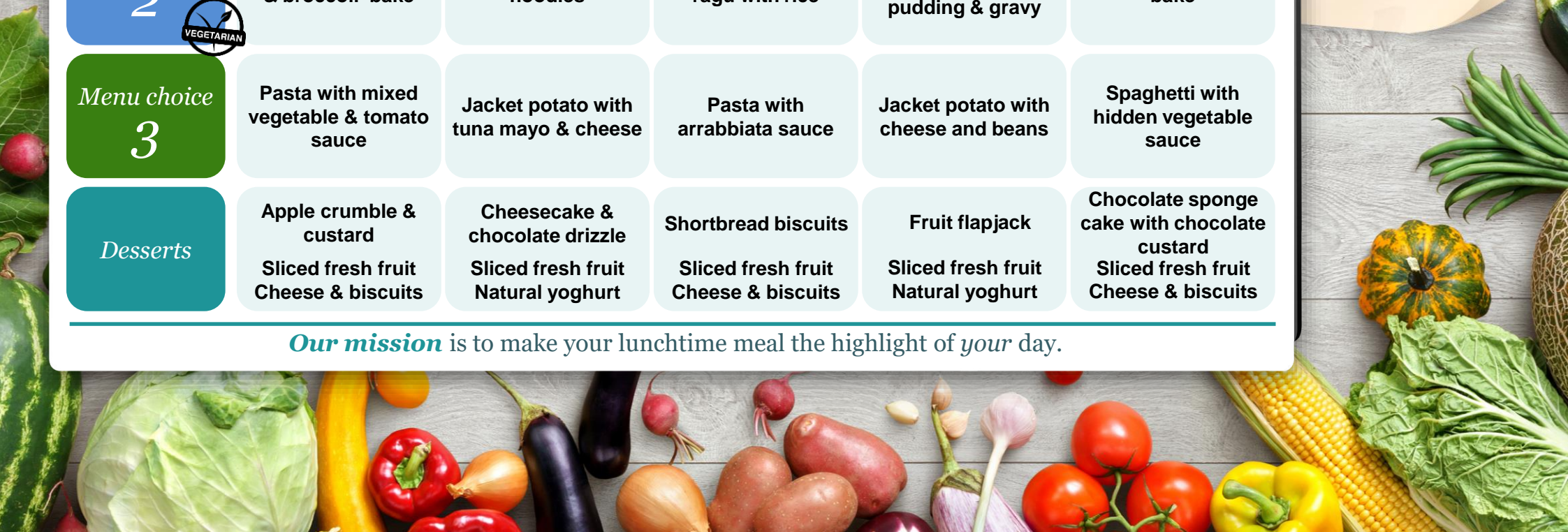
Sliced fresh fruit
Cheese & biscuits

Our mission is to make your lunchtime meal the highlight of *your* day.

Available
every day:

- Seasonable vegetables
- Selection of fresh salad
- Grab and go

Some of our food may contain allergens. Please ask our chef for advice.



Monday

Tuesday

Wednesday

Thursday

Friday

Freshly
baked bread

Garlic bread

Wholemeal bread

Focaccia

Rosemary
wholemeal bread

Garlic & herbed
ciabatta

Menu choice
1

Macaroni cheese

Sausage, mash &
gravy

Beef burger with
potato wedges

Roast turkey with
roast potatoes &
gravy

Fish fingers, chips,
garden peas &
tomato ketchup

Menu choice
2

Cheese and onion
quiche

Quorn sausage,
mash & gravy

Vegetable lasagne
with garlic bread

Broccoli & tomato
pasta bake with
melted cheese

Vegetable pitta
bread pizza



Menu choice
3

Jacket potato with
tuna mayo & cheese

Pasta with vegetable
ragout sauce

Pasta with cheese
sauce

Jacket potato with
cheese and beans

Broccoli & tomato
pasta bake with
melted cheese

Desserts

Apple sponge
pudding with custard

Sliced fresh fruit
Cheese & biscuits

Chocolate cookies

Sliced fresh fruit
Natural yoghurt

Jam sponge &
custard

Sliced fresh fruit
Cheese & biscuits

Ice cream

Sliced fresh fruit
Natural yoghurt

Bakewell tart

Sliced fresh fruit
Cheese & biscuits

Our mission is to make your lunchtime meal the highlight of *your* day.

Available
every day:

- Seasonable vegetables
- Selection of fresh salad
- Grab and go

Some of our food may contain allergens. Please ask our chef for advice.

