LUNCHTIME CO

Week 1

Commencing • 29th Oct • 19th Nov

• 10th Dec • 7th Jan • 28th Jan • 25th Feb • 18th March



	Monday	Tuesday	Wednesday	Thursday	Friday
Freshly paked bread	Garlic bread	Wholemeal bread	Focaccia	Rosemary wholemeal bread	Garlic & herbed ciabatta
Menu choice 1	Pasta bolognese served with grated cheese	Chicken pie with new potatoes	Beef lasagne	Roast pork with roast potatoes and yorkshire pudding	Fish fingers & chips with tomato ketchup
Menu choice	Homemade cheese & potato pasty	Penne pasta with tomato and basil sauce	Vegetable stew served with rice	Vegetarian sausages with roast potatoes and yorkshire pudding	Aubergine and pepper bake
Menu choice $\it 3$	Pasta and sauce	Jacket potato and fillings	Pasta and sauce	Jacket potato and fillings	Pasta and sauce
Desserts	Chocolate brownie	Jelly	Marble cake	Fruit cookies	Sticky toffee pudding with toffee sauce
12030113	Sliced fresh fruit, natural yoghurt, cheese & biscuits	Sliced fresh fruit, natural yoghurt, cheese & biscuits	Sliced fresh fruit, natural yoghurt, cheese & biscuits	Sliced fresh fruit, natural yoghurt, cheese & biscuits	Sliced fresh fruit, natural yoghurt, cheese & biscuit

Available every day:

- Seasonable vegetables
- Selection of fresh salad
- · Grab & Go

Some of our food may contain allergens. Please ask our chef for advice.

LUNCHTIME CO

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Week 2

Commencing • 5th Nov • 26th Nov

• 17th Dec • 14th Jan • 4th Feb • 4th March • 25th March



	Monday	Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Garlic bread	Wholemeal bread	Focaccia	Rosemary wholemeal bread	Garlic & herbed ciabatta
Menu choice 1	Cheese and tomato pizza	BBQ chicken with new potatoes	Shepherd's pie	Roast chicken, roast potatoes & yorkshire pudding	Battered fish & chips with tomato ketchup
Menu choice 2	Cheese cauliflower & broccoli bake	Vegetable stir fry and rice	Chick pea & lentil ragu with rice	Vegetarian quesadillas	Vegetable wrap
Menu choice $\it 3$	Pasta and sauce	Jacket potato and fillings	Pasta and sauce	Jacket potato and fillings	Pasta and sauce
Desserts	Apple crumble & custard Sliced fresh fruit, natural yoghurt, cheese & biscuits	Flapjack Sliced fresh fruit, natural yoghurt, cheese & biscuits	Shortbread biscuits Sliced fresh fruit, natural yoghurt, cheese & biscuits	Mixed fruit cheesecake Sliced fresh fruit, natural yoghurt, cheese & biscuits	Chocolate sponge cake with chocolate sauce Sliced fresh fruit, natural yoghurt, cheese & biscuits

Available **every day**:

- Seasonable vegetables
- Selection of fresh salad
- · Grab & Go

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LUNCHTIME CO

Week 3

Commencing • 12th Nov • 3rd Dec

• 31st Dec • 21st Jan • 11th Feb • 11th March • 1st April



	Monday	Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Garlic bread	Wholemeal bread	Focaccia	Rosemary wholemeal bread	Garlic & herbed ciabatta
Menu choice 1	Sausage with mash potato	Sticky chicken with rice & peas	Beef burger in a bun with lettuce & tomato	Roast turkey with roast potatoes and yorkshire pudding	Fish and chips
Menu choice 2	Macaroni cheese	Moroccan spiced chickpea and vegetable ragout	Vegetable lasagne with garlic bread	Broccoli & tomato pasta bake with melted cheese	Vegetable flat bread pizza
Menu choice $oldsymbol{3}$	Pasta and sauce	Jacket potato and fillings	Pasta and sauce	Jacket potato and fillings	Pasta and sauces
Desserts	Apple sponge pudding with custard	Chocolate cookies	Jam sponge & custard	Ice cream	Bakewell tart
	Sliced fresh fruit, natural yoghurt, cheese & biscuits	Sliced fresh fruit, natural yoghurt, cheese & biscuits	Sliced fresh fruit, natural yoghurt, cheese & biscuits	Sliced fresh fruit, natural yoghurt, cheese & biscuits	Sliced fresh fruit, natura yoghurt, cheese & biscui

Available **every day**:

- Seasonable vegetables
- Selection of fresh salad
- · Grab & Go

Some of our food may contain allergens. Please ask our chef for advice.

Our mission is to make your lunchtime meal the highlight of *your* day.