

Year 6 Residential Trip Kingswood 2023

West Runton, N Norfolk.

Wednesday 11th – Friday 13th October 2023



The Kingswood Centre, Cromer Road, West Runton, Norfolk, NR27 9NF

Please call **+44 (0) 1263 579 373** in case of delays or for more detailed directions.



- ▶ We will travel by coach to and from Kingswood.
- ▶ The journey will take just under 2 hours.

Adults attending this trip:

- ▶ Y6 teaching staff and TAs. Sometimes we take TAs from other year groups too, in order to ensure we have enough staff for the trip to run smoothly.
- ▶ All activities are carried out by trained Kingswood staff. Members of Arbury staff will be on hand to support and encourage pupils to have a go but will not lead the activities themselves. We will also be there to chat to if there are some activities you'd rather not take part in.

Arriving at Kingswood

- ▶ When we arrive at Kingswood, the children will meet the course director and the outline for the week will be explained. They will also give you a tour so you know where to go and when. It's a small (but lovely) site so please don't worry!
- ▶ Children will have their lunch, see their rooms and get ready for their first activity of the day.



Rooms and accommodation

- ▶ Children will sleep in dormitories. These are split into separate accommodation areas for girls and boys, each with their own separate facilities.
- ▶ In September, children will be asked to write down 2-3 children that they would like to be in a room with.
- ▶ We will do our best to ensure all children are in a room with at least 1 of their friends.



Food while away at Kingswood



- ▶ Kingswood will provide children with three meals a day. There is plenty of choice and food! Please do not send additional snacks with your child.
- ▶ Dietary forms will be provided to ensure your child's needs are catered for.



Confidence



Resilience



Life skills



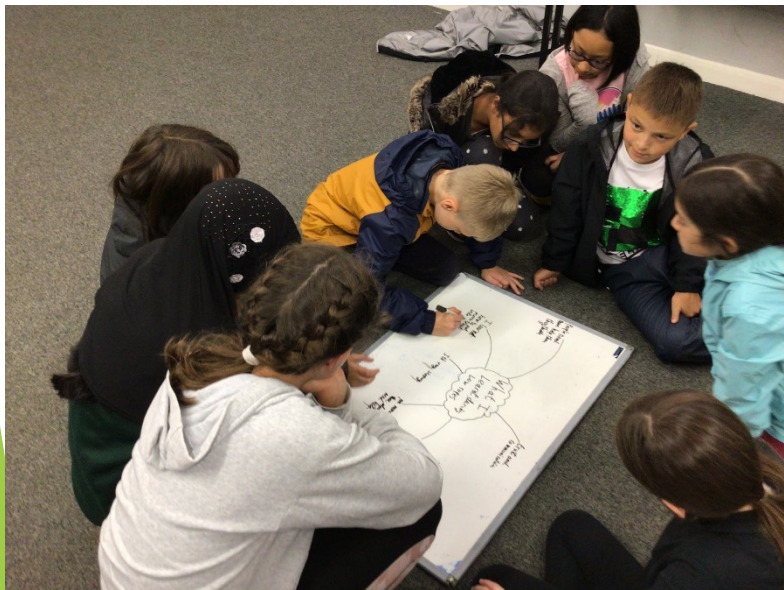
Example timetable at Kingswood..

Thursday										
16	Breakfast	Initiative Tasks 09:15	Low Ropes 10:45	Course Director Activities/Review 12:15	Lunch	Caving 14:30	Climbing 16:00	Course Director Activities/Review 17:30	Dinner	Night Walk
17	Breakfast	Climbing 09:15	Laser 10:45	Course Director Activities/Review 12:15	Lunch	Low Ropes 14:30	Caving 16:00	Course Director Activities/Review 17:30	Dinner	Night Walk
18	Breakfast	Caving 09:15	Climbing 10:45	Course Director Activities/Review 12:15	Lunch	Problem Solving 14:30	Low Ropes 16:00	Course Director Activities/Review 17:30	Dinner	Night Walk
19	Breakfast	Low Ropes 09:15	Caving 10:45	Course Director Activities/Review 12:15	Lunch	Climbing 14:30	Nightline 16:00	Course Director Activities/Review 17:30	Dinner	Night Walk

These will be followed by an evening activity, such as a disco. Other activities include: a beach visit, team games, abseiling, shelter building and loads more!

Take a look at some pictures from previous trips!













Packing list

Please use the following checklist to help pack bags:

- ☐ One bath towel
- ☐ Toiletries bag containing: toothbrush, toothpaste, soap, hairbrush etc.
- ☐ Night clothes
- ☐ Socks and underwear
- ☐ Four t-shirts, shirts, blouses (at least one with long-sleeves)
- ☐ One thick sweater plus one light sweater
- ☐ Three pairs of trousers and/or jeans and/or tracksuit bottoms
- ☐ Clothes for the evening activities (optional, many children choose to stay in the same clothes that they have worn in the day. There is no requirement to change)
- ☐ Waterproof jacket (and trousers if you have them)
- ☐ Sturdy shoes or wellingtons (even in summer)
- ☐ Two pairs of trainers (one old pair)
- ☐ Large plastic bag for dirty clothes
- ☐ Water bottle
- ☐ Hat and sunscreen (in spring and summer)
- ☐ Rucksack for off-site activities and for carrying belongings around

*Please note that most activities require long sleeves.

Reminders...

- ▶ Please ensure all clothing is named as it is incredibly difficult to match specific items back to children.
- ▶ Children should not bring any money with them.
- ▶ Please do not bring:

Mobile phones, any electronic devices (including cameras, fitbits, electronic games, iPods or MP3 players), expensive or much cherished jewellery, expensive favourite clothing or shoes.

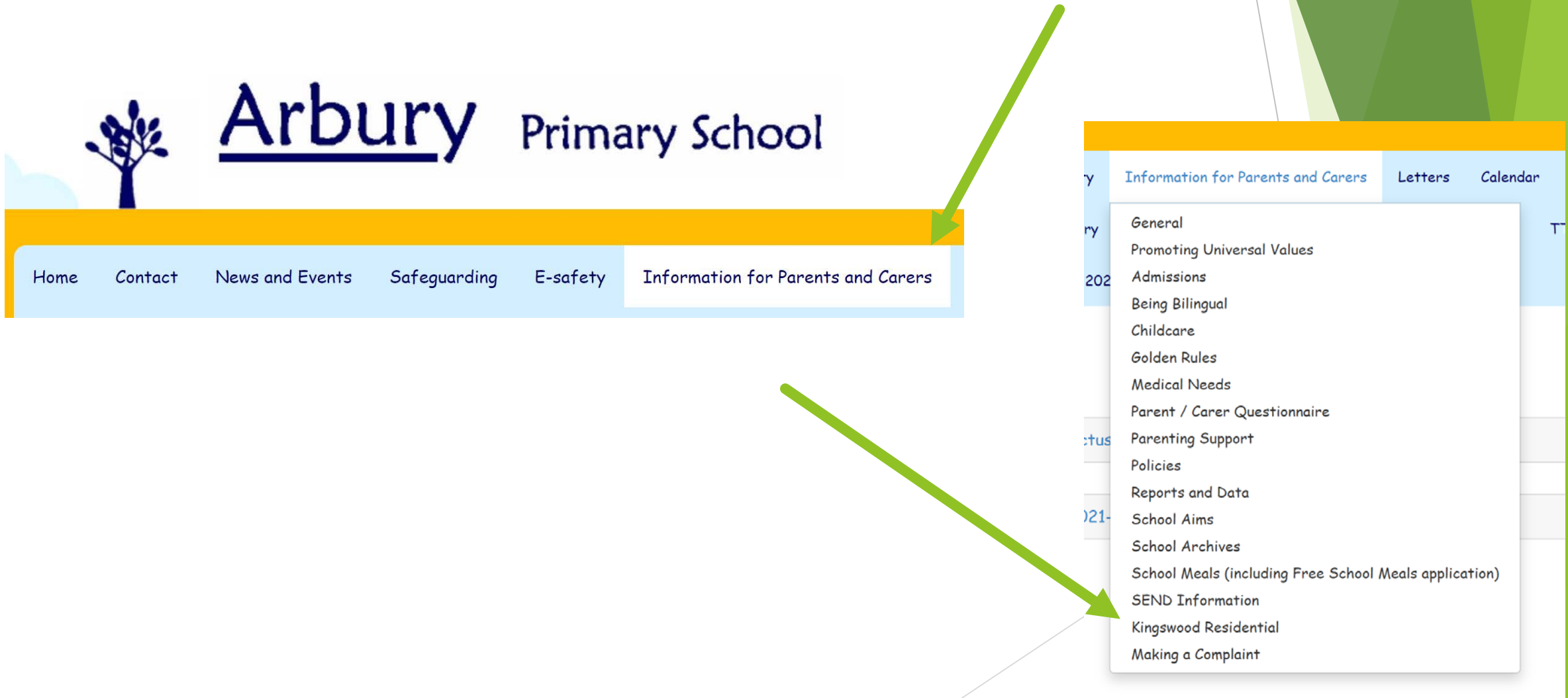
*Kingswood cannot accept liability for the loss, theft or damage of any personal property your child may bring.

Paperwork for the trip

- ▶ Packing list
- ▶ Emergency contact details and dietary needs of your child
- ▶ Medical forms (if needed)

*These forms must be fully completed and returned to your child's class teacher by **Monday 10th July** so all information can be collated and shared with Kingswood in advance of our trip in October.

All information for the trip will be added to the below location...



The image shows the website for Arbury Primary School. The header features a tree logo and the school's name. Below the header is a navigation bar with several links. The 'Information for Parents and Carers' link is highlighted, and a dropdown menu is open, showing a list of sub-links. Two green arrows point from the text above to the navigation bar and the dropdown menu.

Arbury Primary School

Home Contact News and Events Safeguarding E-safety Information for Parents and Carers

Information for Parents and Carers

- General
- Promoting Universal Values
- Admissions
- Being Bilingual
- Childcare
- Golden Rules
- Medical Needs
- Parent / Carer Questionnaire
- Parenting Support
- Policies
- Reports and Data
- School Aims
- School Archives
- School Meals (including Free School Meals application)
- SEND Information
- Kingswood Residential
- Making a Complaint

ANY QUESTIONS?

dreamstime.

