

Education Inclusion Family Advisor Newsletter

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Workshops

Please see below the list of workshops that we are delivering this term. They are all accessed via Microsoft Teams.

- **12-1pm: Digital safety/ internet safety**
– 7th November 2023
- **12-1pm: Parental wellbeing**
– 14th November 2023
- **12-1:30pm: Supporting with feelings of worry**
– 21st November 2023
- **12-1:30pm: Supporting with feelings of anger**
– 28th November 2023
- **12-1pm: Sleep** – 5th December 2023

Here is the link to the booking form:

<https://forms.office.com/e/rMYxyBgixQ>



Choices

- Limited choices that are acceptable to you
- Positive redirection
- Encourage thinking "What would be a good behaviour choice?"

Consequences

- Logical or natural consequences related to the behaviour. (Three "R's" – Related, Reasonable & Respectful and Helpful)
- Known or aware of in advance.
- Consistent each time & followed through.

Include children in the day-to-day tasks and give them options to choose from where possible. Children go through life with plans set out for them, giving them some control helps them to feel they are included, valued and listened to.

When looking at choices and consequences with behaviour:

Link to the booking form for the workshops:

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