





# COVID HAS <u>NOT</u> GONE AWAY

Make sure YOU PLAY YOUR PART to keep our schools safe.

## FOLLOW THE RULES

We are still in STEP 2 of the government roadmap



Groups of up to six people, or larger groups from a maximum of two households, can now meet outdoors.



Staying overnight / sleepovers and indoor gatherings, including playdates and parties, are NOT ALLOWED.

#### (1) Wash your hands

- Good hand hygiene is still important
- Make hand washing the last thing you and your child do before leaving the house, and the first thing you do when you get home

#### ① Wear a face covering

- Wear a face covering indoors where social distancing may be difficult
- If you your child attends secondary school, ensure they also have one for school or college, unless they're exempt

#### (!) Get a test

- Rapid testing at home is now available for all adults without symptoms
- By taking regular tests you can help to reduce the spread of the virus and help those around you stay healthy and safe

### Self-isolate if you develop symptoms.

- The symptoms of COVID-19 are: a high temperature, a new continuous cough or a loss or change to your sense of smell or taste
- To book a PCR test please visit www.nhs.uk/coronavirus or phoning 119

For updates and advice please check our websites which will be regularly updated www.cambridgeshire.gov.uk and www.gov.uk