

10th November 2021

Dear Parents and Carers of children in Years 5 and 6

The Primary Health Related Behaviour Survey

Our school, along with all Cambridgeshire Primary Schools, has agreed to participate in a very important Health-Related Behaviour Survey involving young people. The promotion of the health and wellbeing of our children/young people has always been important to us and now it is a statutory responsibility for all schools. OFSTED will ask us to evaluate how well we are doing in this area and will require us to provide evidence of our success when we are inspected.

The information about our children/pupils/young peoples' behaviour, feelings and opinions will be very valuable in helping us to:

1. Identify what we are doing well and where we need to improve
2. Make sure what we are doing and planning meets our children's/young peoples' needs
3. Work better with parents and carers and partners in our community
4. Ensure that children's/young peoples' voices will be heard.

The survey method that we are using has been developed by the Schools Health Education Unit, Exeter and has been in use now for over 40 years. The questions in the survey cover a wide range of important issues including: home and family, relationships, emotional health and well-being, tobacco and alcohol (Y6), healthy eating, drugs (Y6), leisure and money and exercise.

Over 3000 schools nationally have used the survey. In our school, we will use the survey with our Year 5 and 6 pupils. Both the Local Authority and the school find the content of the questionnaire acceptable and appropriate for this age group; it has been customised to suit our local setting. Each questionnaire is anonymous and confidential, and no pupil will be identified when the data is returned to our school. The Local Authority will receive only the summary of all schools in which individual schools are not identified.

We hope you will agree that this is an important exercise and consequently we wish for our school to be able to co-operate fully. We will assume you approve unless we hear otherwise and we look forward to planning improved health promotion for our pupils. The survey will be carried out online at school at some point over the next three weeks. Please do contact Diane Rawlins (drawlins@arbury.cambs.sch.uk) if you have any queries.

Yours sincerely

Diane Rawlins and Sophie Morris
(Deputy Headteacher) (PSHE Co-ordinator)